



Story Sack for Smiles 4Children

Book

Brush, Brush, Brush – Alicia Padron

ISBN: 978-0-531-25236-9

Resources

- Collection of different toothbrushes – green, blue, stripy, spotty, wiggly, ones for grown up, baby sized, animal shaped, character shaped
- Play soap/shaving foam (check for allergies)
- Paint
- Toothbrush mug/cup
- Mirror

Possible activities

- Talk about the collection of toothbrushes. Use colour names, size, patterns and pictures to describe the toothbrushes.
- Talk about how to brush your teeth – what do you need to do first, next?
- Talk about the action words for brushing your teeth (up, down, left, right, swish) – use a toothbrush to show what the actions look like.
- Use toothbrushes and play soap/shaving foam or paint to make the movements of the action words (up, down, left, right, swish).

**Book**

Dentist Trip – Peppa Pig

ISBN: 97-1-4093-0193-6

Resources

- Soft toys – pigs, teddy, crocodile
- Collection of different toothbrushes – green, blue, stripy, spotty, wiggly, ones for grown up, baby sized, animal shaped, character shaped
- Play soap/shaving foam (check for allergies)
- Dentist props – outfit, mirrors

Possible activities

- Talk about how to brush your teeth – what do you need to do first, next?
- Pretend to be a dentist and check the toys teeth. Use phrases and instructions like “Open wide, please!”, “Lovely clean teeth”, “Strong, clean teeth”, “special pink drink”.
- Use the toothbrush and “toothpaste” (play soap/shaving foam) to help the soft toy brush their teeth.

**Book**

How To Brush Your Teeth With Snappy Croc – Jane Clarke and Georgie Birkett

ISBN 978-1-782-95395-1

Resources

- Collection of soft toys or puppets (crocodile, bear)
- Collection of different toothbrushes – green, blue, stripy, spotty, wiggly, ones for grown up, baby sized, animal shaped, character shaped
- Play soap/shaving foam (check for allergies)
- Mirror

Possible activities

- Talk about the collection of toothbrushes. Use colour names, size, patterns and pictures to describe the toothbrushes.
- Talk about the different body parts where the toy/puppet wants to “squidge” the toothpaste. Where would be the best place? What else could the toy/puppet use to help them wash themselves?
- Use the toothbrush and “toothpaste” (play soap/shaving foam) to help the soft toy brush their teeth.
- Explore making different faces in the mirror – smiling, happy, sad, frown, angry, stick your tongue out!

**Book**

The Boy Who Hated Toothbrushes – Zehra Hicks

ISBN: 978-0-230-74841-5

Resources

- Collection of different types of toothbrushes – green, blue, stripy, spotty, wiggly, ones for grown up, baby sized, animal shaped, character shaped
- Envelopes and paper
- Letter from the tooth fairy
- Tooth sparkler (red sparkly toothbrush)
- Glitter
- Hat
- Small plastic ball
- Paint
- Washing up liquid
- Mirror

Possible activities

- Talk about the collection of toothbrushes. Use colour names, size, patterns and pictures to describe the toothbrushes.
- Make marks in a tray of glitter, paint or shaving foam. Talk about the shapes and patterns you can make – straight, up, down, circles, line, wavy, zig zag.
- Make up magic spells. Use rhyming words such as “dog, frog, log” or “cat, hat, mat”, words that begin with the same sound “cat, car, cow” or made up words like “zog, mig, lit”. Write down or draw you spell.
- Paint with toothbrushes. Talk about the patterns and pictures you have made.
- Play “finger” golf with a toothbrush.
- Make a drum kit from pots, pans and use your toothbrushes as drum sticks.



- Use boxes and tubes to make a musical instrument – like Billy used his toothbrush to make a guitar or flute.
- Use your toothbrush to mix up water and washing up liquid to make bubbles.
- Write a letter to the tooth fairy and tell her what you've done with her tooth sparkler.
- Explore making different faces in the mirror – smiling, happy, sad, frown, angry, stick your tongue out!



Toothbrushing books

Bear's Loose Tooth – Karma Wilson

Brush, Brush, Brush – Alicia Padron

Brush Your Teeth Please – Leslie McGuire

Dentist Trip (Peppa Pig)

Going To The Dentist – Anne Civardi

Give Us A Smile Cinderella – Steve Smallman

How To Brush Your Teeth With Snappy Croc – Jane Clarke and Georgie Birkett

Open Wide: Tooth School Inside – Laurie Keller

Open Wide.....What's Inside? – Alex Rushworth

Peppa And The Tooth Fairy

Smile Crocodile Smile – An Vrombaut

The Boy Who Hated Toothbrushes – Zehra Hicks

Tooth Fairy – Audrey Wood

Why Do I Brush My Teeth? – Angela Royston